



# MARCH 2024

## Unatego MS-HS Lunch Menu

Breakfast and Lunch will be served at NO COST to students for the 23/24 school year!  
Menu subject to change without notice.  
Allergen information for menu items is available, ask an employee for details

Monday



Tuesday

Wednesday

Thursday

Friday

Bacon Cheeseburger On Bun  
French Fries

4

Taco Lasagna  
Refried Beans  
Corn

5

Chicken Fajitas  
W/ Cheese & Salsa  
Peas

6

NY Thursday  
**Elementary: Fruit & Yogurt Parfait**  
NY Yogurt, NY Blueberries, NY Oats, NY Mozzarella Cheese Stick, NY Carrot Sticks, NY Apple  
**MS/HS: Egg Roll Bowl**  
NY Ground Beef, NY Cabbage, NY Carrots, NY Onions, NY Garlic, NY Eggs, NY Green Beans, NY Apple

7

Pepperoni or Three Cheese Roll  
W/Dipping Sauce  
Romaine Salad w/tomatoes and cucumbers

1

Chicken Parmesan on Chicken Patty on Roll  
Buttered Noodles  
Brussel Sprouts

11

Sloppy Joe on Bun  
Green Beans

12

Italian Sub Melt  
Chips  
Carrot & Celery Sticks

13

Hot Dog or Cheesy Dog On Roll  
French Fries  
Baked Beans

14

No School

15

No School

18

Tacos  
Meat, Cheese, Salsa, Sour Cream  
Refried Beans  
Corn

19

Chicken Tenders  
Seasoned Rice  
Carrot Coins  
WG Roll

20

NY Thursday  
Pasta With Meat Sauce  
NY Ground Beef, NY Pasta, NY Green Beans, NY Apple  
Garlic Breadstick (Non NY)

21

French Bread Pizza  
Romaine Salad w/tomatoes and cucumbers

22

Chicken Tenders  
WG Roll  
Macaroni Salad  
Carrots

25

Nachos  
W/Meat, Cheese, Salsa, Sour Cream  
Refried Beans  
Corn

26

Big Mac Bowl  
Tater Tots

27

French Bread Pizza  
Romaine Salad  
W/Tomatoes and Cucumbers

28

No School  
Good Friday

29

### NY Food Vendors:

**Available Daily:** Canned fruit, fresh fruit, fresh veggie, hot veggie of the day. PB&J, Yogurt Plate, Sandwich of the Day, (Specialty Salads, Yogurt Parfaits & Salad Bar MS/HS only)

**Milk Choices:** 1% White, FF% Chocolate

Ground Beef: **Slate Foods, NY, NY**  
Cabbage, carrots, onions, garlic green beans & apples: **Headwater Food Hub, Ontario, NY**  
Rolled Oats: **Catskill Agrarian**  
Eggs: **Catskill Cattle, Deposit, NY**, Milk: **Upstate Farms, NYS**